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Customer Reviews

210

4.4 out of 5 stars

5 star 73%4 star 13%3 star 6%2 star 3%1 star 5%

NOW Foods Cayenne, 500mg, 250 Vc...

by [NOW Foods](#)Package Quantity: 1 [Change](#)Price: **\$10.44** + Free shipping with Amazon Prime[Rate this item](#)[Write a review](#)[Add to Cart](#)[Add to Wish List](#)

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I don't get sick anymore

By Deborah Larson on October 21, 2016

I've had problems for YEARS getting sick with sinus and upper respiratory infections. It started with a cold and always built into something more. With the MANY benefits of cayenne, I'm feeling much better. My nose isn't constantly plugged anymore. I have limited post nasal drip, and I can sleep all night and breathe through my nose. This has definitely been a life saver for a long time

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Top critical review

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By Thomas Mork on March 17, 2017

not to sure its helping but be prepared it warms your belly

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on Crest 3D White Whitestrips with Light, 10 ct.
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I don't get sick anymoreBy [Deborah Larson](#) on October 21, 2016Package Quantity: 1 **Verified Purchase**

I've had problems for YEARS getting sick with sinus and upper respiratory infections. It started with a cold and always built into something more. With the MANY benefits of cayenne, I'm feeling much better. My nose isn't constantly plugged anymore. I have limited post nasal drip, and I can sleep all night and breathe through my nose. This has definitely been a life saver for a long time sinus sufferer. HIGHLY RECOMMEND all year long and especially during the cold season (fall and winter)

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26 people found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**Labs results are back! I have being able to ...**By [Titánico](#) on August 21, 2014Package Quantity: 1 **Verified Purchase**

Labs results are back! I have being able to leave my prescribed nitro glycerine! My body is synthesizing its own nitrates and the vasodilation originated by this supplement is keeping me alive! I'm also taking natto kinase for blood thinning.

[3 comments](#)

54 people found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**Helps with lowering my blood pressure!**By [Tyra Walters](#) on May 10, 2015Package Quantity: 1 **Verified Purchase**

I take this as part of my daily vitamins to help with high blood pressure. If I take it every day, my bp will stay at a nice 120-something/80-something. I do need to eat a little something when I take tho, as it makes me burp cayenne a little.

[1 comment](#)

26 people found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**My favorite supplement.**By [Riley Refuerzo](#) on February 11, 2017Package Quantity: 1 **Verified Purchase****Questions? Get fast answers from reviewers**

What do you want to know about NOW Foods Cayenne, 500mg, 250 Vcaps?

[See all 9 answered questions](#)[Ask](#)**Customers also viewed these items**

[Nature's Way Cayenne Extra Hot, Capsules 100ea](#)

by Nature's Way

\$4.74 - \$14.97

188



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by Solaray

\$12.46

64



[Nature's Way - Cayenne, 450 mg, 180 capsules](#)

by Nature's Way

\$10.45

138



[Cayenne Pepper Capsules - 90 Kosher Caps - Now with 500mg Organic Cayenne Pepper Fruit...](#)

by Pure Mountain Botanicals

\$15.67

45

I haven't been able to find a single supplement that has so many health benefits. Since taking this product, I've noticed a big improvement in my circulation, I'm a lot warmer now throughout the day. If you suffer from bad allergies you definitely should start taking this product. This will clear out your congestion within minutes. It is also supposed to be very good for your cardiovascular system. I have not noticed any side effects, you just have to remember to take this with some food or you might get a stomach ache. It is definitely worth taking the supplement daily.



Nature's Way Cayenne Pepper,
450 mg, 180 Capsules (Pack of
2)

by Nature's Way

\$18.08

122

Ok I've been taking this product for officially one month now and it's given me even more benefits that I thought of before. Besides clearing up my allergies, I've noticed this also helps if I have a headache (I think it has to do with the cayenne opening the blood vessels). If I have an upset stomach, I'll eat a banana and take two of these capsules, the cayenne is apparently also good for stopping diarrhea. Along side those benefits, there is also the plus of cayenne being able to lower your blood pressure naturally. Especially if you are under a lot of stress, this could be a good alternative to blood pressure medication. Anyways, I plan on buying more as soon as I run out. I take 4-5 pills a day, absolutely no side effect.

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13 people found this helpful. Was this review helpful to you?

Yes

No

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The product is easy to take

By [WMW](#) on June 8, 2016

Package Quantity: 1 **Verified Purchase**

The product is easy to take. Pills are on the smallish side, and do not upset my stomach. I have taken with and without food. I have taken the recommended dose each day since I received them with no noticeable aftertaste. I feel better since I started taking them.

[Comment](#)

11 people found this helpful. Was this review helpful to you?

Yes

No

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highly recommended

By [happy](#) on November 14, 2015

Package Quantity: 1 **Verified Purchase**

Ordered this for a friend who was getting lots of headaches and blood pressure was extremely high, after taking for three days, pressure is fine and headaches are gone.....great product....a must have in the home.

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15 people found this helpful. Was this review helpful to you?

Yes

No

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Good And Hot

By [Gene T.](#) on December 22, 2016

Package Quantity: 1 **Verified Purchase**

This cayenne is some potent stuff! It definitely contains some heat and works very well. It is a great pain and appetite reducer for me. I also notice better energy due to increased circulation. Research Cayenne Fruit for all the health benefits it provides. I highly recommend NOW brand Cayenne.....GT:)

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8 people found this helpful. Was this review helpful to you?

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Take it with a meal

By [ssqueakert](#) on February 18, 2017Package Quantity: 1 **Verified Purchase**

If you take it on an empty stomach it can give you cheat discomfort like bad heartburn. Take it with food and it's not a problem. It will bump up your heart rate, so don't take it before bed or it can be hard to sleep. But before a work out and you will feel like you have more energy and in theory, you will burn more calories and build muscle faster.

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7 people found this helpful. Was this review helpful to you?

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Pleasantly surprised!

By [Kitty](#) on August 27, 2016Package Quantity: 1 **Verified Purchase**

I was really concerned that this would make my stomach issues worse but I was pleasantly surprised at the results. I have Celiac Disease and gastritis. This is a wonderful natural product.

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7 people found this helpful. Was this review helpful to you?

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Why not?

By [N. Miller](#) on January 12, 2017Package Quantity: 1 **Verified Purchase**

I regularly season my food with hot sauces. Now we're learning there's medical evidence that capsaicin may infact assist the body in zapping cancer cells? I'm all in. I take two after a meal and they're not difficult going in or *ahem* coming out.




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6 people found this helpful. Was this review helpful to you?

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